

## **Sublingual Immunotherapy (SLIT)**

**Sublingual Immunotherapy (SLIT)** is a non-invasive, effective seasonal allergy treatment option that uses oral drops instead of injections.

- Treats the cause of allergies by giving small doses of allergens in the form of drops to increase your immunity or tolerance to the allergens and reduce allergic symptoms
- Is given as drops under the tongue. Research shows that when an allergen is presented this way, the immune system learns to tolerate the allergen and the result is less allergy symptoms when the body is exposed to the allergy source
- Symptom relief is experienced within the first few months of starting treatment
- Best to begin treatment 30–60 days prior to and throughout allergy season.
- Clinical experience with SLIT spans more than 30 years; favorable results with more than 60 double-blind, placebo controlled studies have been published in peer-reviewed journals. World Health Organization has endorsed SLIT as a viable alternative to injection therapy.
- Safety profile is superior to injection immunotherapy. Systemic reactions are three times less with SLIT and no anaphylactic reactions have been reported over 30 years.
- Requires fewer clinic visits when compared to allergy injections.
- Available by prescription only, therefore SLIT is covered by most extended medical plans.